



## Review article

Molecular biology of the myocardial  $\text{Na}^+/\text{H}^+$  exchanger

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**Abstract**

The mammalian  $\text{Na}^+/\text{H}^+$  exchanger is a pH regulatory membrane protein that uses the sodium gradient to translocate one intracellular proton in exchange for one extracellular sodium. There are nine isoforms of the protein with varying tissue and cellular distribution, some isoforms are predominantly intracellular. In the myocardium, the  $\text{Na}^+/\text{H}^+$  exchanger type 1 isoform (NHE1) is the only plasma membrane isoform present in significant quantities. It plays an important role during ischemia/reperfusion damage to the myocardium and has recently been implicated in myocardial hypertrophy. The NHE1 gene is made from 12 exons and a differentially spliced version mediates  $\text{Na}^+/\text{Li}^+$  exchange. The NHE1 promoter is regulated by several transcription factors. In the myocardium, transcription factors both proximal and distal to the start site affect expression, including AP-2 and a thyroid responsive element. Recently, reactive oxygen species have also been shown to be important regulators of the NHE1 promoter. Structural and functional analysis of the NHE1 protein has shown that transmembrane segments IV, VII and IX are important in ion transport and susceptibility to pharmacological inhibition. NHE1 protein and mRNA levels are elevated by cardiac ischemia/reperfusion, hypertrophy and acidosis. Understanding the mechanism by which NHE1 mediates transport and its regulation of expression will give novel insights into its contributions in cardiovascular disease.

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**Keywords:** Cation binding; Gene splicing; Ischemia/reperfusion; pH regulation; Promoter; Sodium–hydrogen exchange; Sodium–lithium exchange; Tissue distribution

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**1. Introduction**

$\text{Na}^+/\text{H}^+$  exchangers (NHE) are universally distributed proteins that function in virtually all known cell types. In higher

eukaryotes, this family of proteins functions to regulate intracellular pH. Through a product of metabolism, intracellular pH acidifies the cell cytosol and thus the plasma membrane form of this protein removes a single intracellular proton in exchange for one extracellular sodium to rectify this acidification [1]. In the myocardium, the maintenance of intracellular pH is critical to sustain contractility and to prevent damage.  $\text{Na}^+/\text{H}^+$

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exchange accounts for a large fraction of the pH regulatory activity that occurs across the plasma membrane. Bicarbonate-dependent transport also functions to regulate pH in the myocardium but may account for less than 50% of proton extrusion, varying in contribution with the species and conditions of measurement used [2–4]. The mammalian  $\text{Na}^+/\text{H}^+$  exchanger is activated by decreases in intracellular pH making it more likely to be responsive to the increasing proton load that occurs during acute acid challenge [5]. The  $\text{Cl}^-/\text{HCO}_3^-$  (anion) exchanger and  $\text{Cl}^-/\text{OH}^-$  exchangers tend to be less active with decreasing intracellular pH and tend to import acid suggesting they play a small role in regulation of excess intracellular protons [6]. Fig. 1 illustrates the effect of internal pH on activity of the  $\text{Na}^+/\text{H}^+$  exchanger and the anion exchanger. Activity of the  $\text{Na}^+/\text{H}^+$  exchanger is increased with acidosis and decreased at alkaline pH, while the reverse is true for the anion exchanger. Overall, it is clear that the  $\text{Na}^+/\text{H}^+$  exchanger plays a critical role in dealing with intracellular acidosis, while this type of bicarbonate-dependent transporter is more important during alkalosis.

The purpose of this review is to summarize advances in the area of the biochemistry and molecular biology of the mammalian  $\text{Na}^+/\text{H}^+$  exchanger. The emphasis is on the  $\text{Na}^+/\text{H}^+$  exchanger in the myocardium. A number of basic advances in the understanding of the structure and function of the protein are also reviewed, in particular the mechanisms by which inhibitors affect NHE and how the protein itself functions. Inhibition of NHE in the myocardium has been shown to be beneficial during ischemia/reperfusion damage in a large number of animal studies (reviewed in [7]). In addition, beneficial effects of NHE inhibitors have been demonstrated in a variety of other systems including, in the central nervous system, in cardiac hypertrophy and in resuscitation treatment from cardiac arrest [8–10].

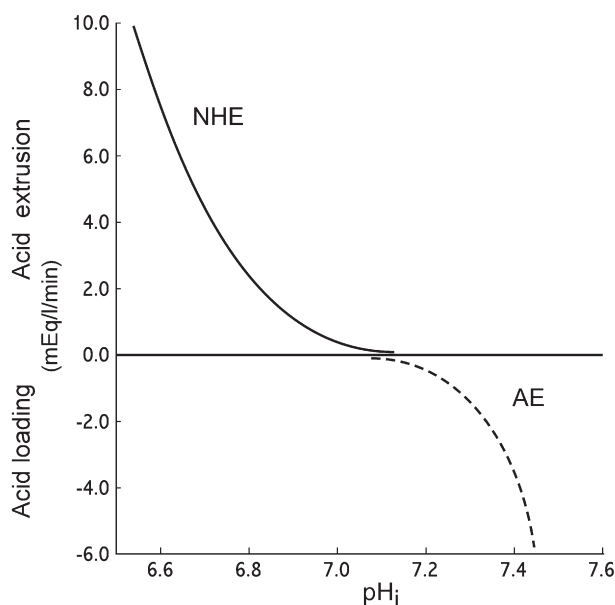


Fig. 1. Effect of changes in intracellular pH on activity of the  $\text{Na}^+/\text{H}^+$  exchanger (NHE) and the anion exchanger (AE). Acid extrusion or acid loading are indicated. Solid line, NHE activity; dashed line, AE activity. Adapted with kind permission from Springer Science and Business Media [131].

Despite a lack of comparable success in clinical use of these inhibitors, the potential and importance of NHE inhibition during heart disease remains an outstanding incentive for the study of NHE and for understanding its mode of transport [11,12].

## 2. Cloning and distribution

The initial cloning of the  $\text{Na}^+/\text{H}^+$  exchanger was accomplished by Sardet and colleagues [13]. The first isoform discovered was subsequently named NHE1 for  $\text{Na}^+/\text{H}^+$  exchanger type 1. The human cDNA was predicted to code for a protein with two domains, a more hydrophobic membrane domain of approximately 500 amino acids and a hydrophilic carboxyl-terminal cytosolic domain of 315 amino acids. The membrane domain was predicted to contain 12 transmembrane segments. The NHE1 isoform was later cloned and sequenced from a variety of species and was shown to be highly conserved, especially in the membrane domain. The carboxyl-terminal cytosolic domain was less conserved [14]. cDNA for the NHE1 isoform was cloned from the rabbit and human myocardium and was shown to be conserved, relative to that of other tissues [15,16]. The 5-kb mRNA for NHE1 was present in whole hearts and in isolated cardiomyocytes [15,16].

NHE1 is found ubiquitously and is sometimes referred to as the “housekeeping” isoform. Subsequent to the discovery of NHE1, eight other isoforms of mammalian  $\text{Na}^+/\text{H}^+$  exchangers have been discovered referred to as NHE1–NHE9. These are the product of different genes. NHE2–NHE5 have plasma membrane localizations, though NHE3 also has an intracellular localization that can vary in amount relative to the plasma membrane [17]. NHE2 and NHE3 are highly expressed in kidney and intestine and are predominantly located in the apical membrane of epithelia [18,19]. NHE4 is expressed in the brain, kidney, uterus and skeletal muscle and is most abundant in the stomach. Small amounts of NHE5 are expressed in non-epithelial tissues such as spleen, testis and skeletal muscle however it is mainly present in the brain [20,21]. The distribution of these isoforms in the myocardium is only partially characterized as part of other studies. NHE2 was only very faintly detected in Northern blots in the rat myocardium and Northern blot analysis and reverse transcriptase PCR detected no, or only faint, traces of NHE3 in the human and rat heart [18,22–24]. NHE4 and NHE5 were not detected in the rat myocardium by Northern blot analysis though a small amount of NHE4 antibody cross-reactive material was detected in the myocardium in one study [18,20,25].

NHE6–NHE9 are present in intracellular membranes. These include Golgi and post-Golgi compartments. They function in regulation of organelle pH and cation concentrations [26]. NHE6 to NHE9 are reported to be ubiquitous [26,27]. An initial report suggested that NHE6 was present in mitochondria however a later report demonstrated that NHE6 is not present in mitochondria and is found in recycling endosomes of cell [28,29]. NHE7 is predominantly in the trans-Golgi network and mediates influx of  $\text{K}^+$  or  $\text{Na}^+$  in exchange for a  $\text{H}^+$  [30]. NHE8 is in the mid- to trans-Golgi and NHE9 is in late recycling

endosomes [26]. Specific expression of these isoforms and the regulation of their expression have not been well studied, particularly in the myocardium.

The basic structure of the  $\text{Na}^+/\text{H}^+$  exchanger family has been most extensively studied in the NHE1 isoform. Five hundred residues make up the membrane domain that catalyzes cation transport. The balance of the protein, amino acids 501–815 mediate regulation of the protein by phosphorylation and the binding of a variety of other regulatory proteins [5,31]. Cysteine scanning accessibility analysis was used to determine the transmembrane topology of the protein [32]. NHE1 was found to have 12 transmembrane segments and three membrane associated loop regions (Fig. 2). NHE1 has both *N*- and *O*-linked glycosylation sites. *N*-linked glycosylation can be removed without adversely affecting transport [33,34]. It was originally suggested that the first transmembrane segment of NHE1 was not a cleavable signal sequence while that of NHE3 is cleaved [31,35]. Later the first segment of NHE6 and also that of NHE1 was suggested to be cleavable as a signal sequence [36]. NHE1 forms dimers in the membrane [37–39].

An interesting aspect of the NHE1 isoform of the  $\text{Na}^+/\text{H}^+$  exchanger that has implications in cardiovascular biology is the involvement of the NHE1 gene in sodium–lithium counter transport.  $\text{Na}^+/\text{Li}^+$  exchange is a well-known activity of erythrocytes where it occurs with a one to one stoichiometry [40]. Elevated activity of the sodium lithium exchanger is a good predictor of development of essential hypertension and diabetic nephropathy and increased  $\text{Na}^+/\text{Li}^+$  exchange occurs in several tissue types though it is not clear whether this elevated activity is symptomatic or causal in this disease [41–45]. In the past, it was thought that a completely different protein than NHE1 must mediate  $\text{Na}^+/\text{Li}^+$  exchange, as it was insensitive to inhibitors of NHE1 [46,47]. However, alternative splicing of human NHE1 was shown to yield a protein with the capability of transport of

$\text{Na}^+$  for  $\text{Li}^+$  and which was virtually unable to mediate exchange of  $\text{Na}^+$  for  $\text{H}^+$  [47]. Three transmembrane segments of NHE1 are eliminated by the splicing event including transmembrane segment IV, which is involved in mediating sensitivity to inhibition by various compounds (Fig. 3A, see also Section 3 below) [47,48]. This likely accounts for the lack of susceptibility to inhibition by NHE1 inhibitors. While genetic linkage analysis suggests that the NHE1 gene is not a direct candidate for essential hypertension, this may not preclude an involvement of regulators affecting NHE1 function [49]. How the NHE1 protein mediates a  $\text{Na}^+/\text{Li}^+$  exchange as opposed to  $\text{Na}^+/\text{H}^+$  exchange remains unknown.

### 3. Mechanism of $\text{Na}^+/\text{H}^+$ exchange activity and inhibition

The  $\text{Na}^+/\text{H}^+$  exchanger is involved in a number of cardiac diseases and its inhibition with specific inhibitors is under investigation for prevention of cardiac disease (see above). Therefore, the understanding of how the protein functions and where inhibitors bind and how they act are of great interest scientifically and could lead to the development of novel NHE1 inhibitors that might prove useful in the clinic. The membrane domain of the  $\text{Na}^+/\text{H}^+$  exchanger is responsible for transport of cations across the membrane. How it mediates cation transport is still under investigation. It has been suggested that a few critical amino acids of the membrane domain of NHE1 are involved in cation coordination and transport [1]. The complete details of how this occurs likely await the completion of a combination of studies on the details of the structure of the protein and of studies identifying amino acids critical in transport. The structure of the membrane domain of the eukaryotic protein has not been deduced but is of interest, especially since experiments with domain swapping and site-specific mutagenesis have shown that the membrane domain

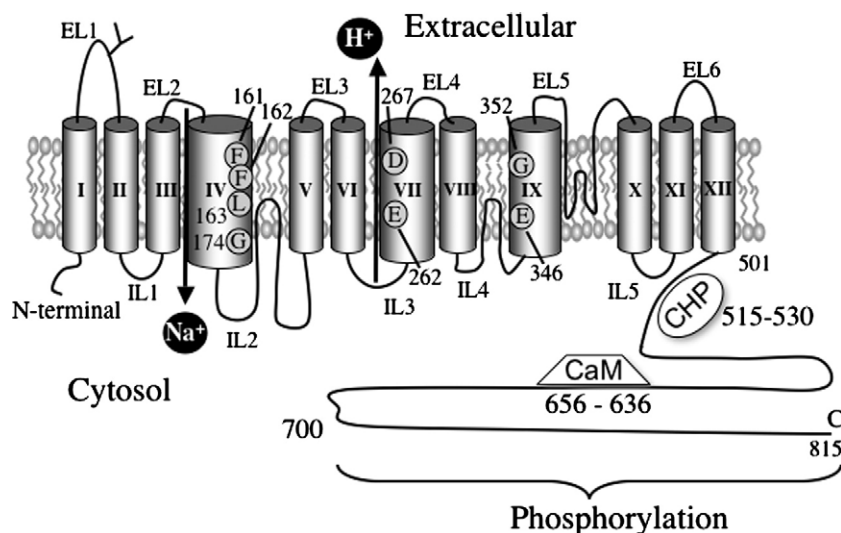


Fig. 2. Two-dimensional topology of the  $\text{Na}^+/\text{H}^+$  exchanger. Transmembrane segments are labeled I to XII, EL1–EL6 are extracellular loops one to six, IL1–IL5 are intracellular loops one to five. Transmembrane segments IV, VII and IX are enlarged for illustrative purposes only. Amino acids important in transport and/or affecting inhibitor efficacy are illustrated. Regions involved in binding calmodulin (CaM) and calcineurin homologous protein (CHP) are shown. The region of the cytosolic domain involved in phosphorylation and regulation of activity is indicated.

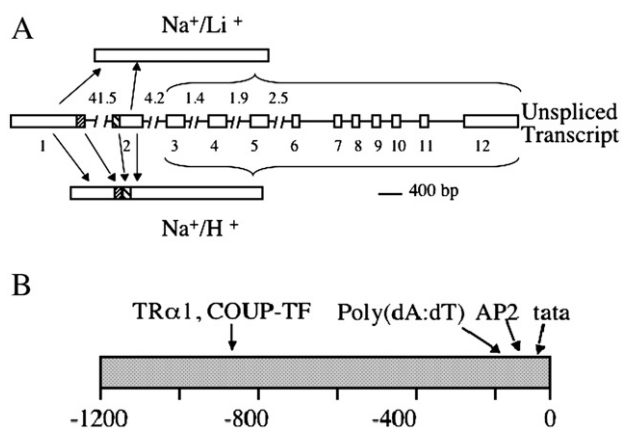


Fig. 3. NHE1 promoter structure and regulation. (A) Intron–exon structure of the NHE1 promoter. The unspliced transcript is indicated. Boxes indicate exons while lines indicate introns. Exon numbers are indicated below the unspliced transcript. Sizes of the first 5 introns are indicated above the unspliced transcript. Regions of exon 1 and 2 that are differentially spliced are indicated by cross hatching. Inclusion of these regions results in the  $\text{Na}^+/\text{H}^+$  exchanger. Exclusion of them results in a  $\text{Na}^+/\text{Li}^+$  exchanger. (B) Schematic diagram of the initial 1200 bp of the mouse NHE1 promoter. Arrows indicate the approximate location of binding sites for the transcription factors shown to be important in regulation of the gene in the myocardium.

is the site of binding of inhibitors of the protein [50,51]. The  $\text{Na}^+$  binding site and the NHE1 inhibitor site are related and may be overlapping but not identical in the protein [52]. Mutating residues in transmembrane segments IV, VII and IX has revealed alterations in affinity for NHE1 inhibitors. This mostly causes a decrease in the efficacy of inhibitors and sometimes, but not always, is accompanied by changes in the affinity for sodium. Transmembrane segment IV has some startling effects with mutations in Phe165 of hamster NHE1 (Phe161 in human NHE1) causing both an increase in resistance to inhibitors and a decrease in  $V_{\max}$  for  $\text{Na}^+$  [53]. Phe162, Leu163 and Gly174 also cause large changes of up to over 1000-fold in  $K_i$  [50,53,54]. In some of the other transmembrane segments including VII and IX and in extracellular loops of the protein, similar though smaller effects have been shown in other amino acids while mutations to some critical amino acids totally eliminate NHE1 function (Fig. 2). These include amino acids Gly148, Pro167/Pro168, Glu262, Asp267, Glu346 and Gly352 [55–58]. While it is clear that these amino acids affect the sensitivity to the inhibitors and it is likely that they are close to the binding site of the inhibitors, the exact location of NHE1 inhibitor binding is not yet known and awaits elucidation.

The complete structure of the NHE1 protein has not yet been elucidated. The general topology of the protein is known (Fig. 2); however, knowledge of the three dimensional structure is lacking. A  $\text{Na}^+/\text{H}^+$  exchanger protein from *E. coli*, NhaA has been purified and the structure deduced [59]. It has 12 membrane-spanning segments that are oriented so as to form a negatively charged funnel that opens to the cytosol. In the middle of the membrane is a putative ion-binding site. Ten of the transmembrane segments are alpha helices while two, IV and XI, have only partial helical character with extended regions that form part of the ion binding site. It has recently

been proposed that three conserved aspartates are critical to  $\text{Na}^+/\text{H}^+$  antiport in NhaA. One amino acid (*Asp163*) is believed to bind  $\text{Na}^+$ , another (*Asp164*) to control accessibility to this site from either side of the membrane while a third (*D133*) is thought to be crucial for pH regulation [60]. These observations support the theory that a few critical amino acids of NHE1 are involved in cation coordination and transport [1]. While the entire structure of NHE1 is not known, the structure of several transmembrane segments has been elucidated. Transmembrane segment IV has partial helical character with an extended region in the middle [61]. It is similar in general structure to transmembrane segment IV of NhaA suggesting it may also be important in ion coordination [48]. Several other studies also support a critical role for transmembrane segment IV. These include site-specific mutagenesis that shows that amino acids in this region are critical to the transport function of the protein [53,62]. In addition, Phe161 has been shown to be a pore-lining residue by cysteine scanning mutagenesis analysis [61].

The structure of transmembrane segment VII of NHE1 has been elucidated. It is predominantly alpha helical with a break near the middle of the helix at functionally important residues [58]. Several residues of the membrane segment have been shown to be critical to transport and affect ion coordination and transport though it is uncertain whether they function in the same manner as Asp163 and Asp164 of NhaA [56]. L255 and L258 are affected by sulfhydryl reactive reagents when mutated to cysteine residues suggesting they may be pore-lining residues [63]. It is therefore very likely that transmembrane segment VII is involved in cation coordination and transport.

A variety of other amino acids are known to be critical to NHE1 function. These include amino acids of extracellular loop 2 and intracellular loop 2 [32,55]. Additionally, mutations in transmembrane segment XI are known to affect the affinity of the protein for protons [64]. Clearly these regions are important in the function of the protein, though further elucidation of their role in transport and how they function in the structure of the intact protein, is called for. A greater understanding of the structure and function of the NHE1 protein is of significant cardiovascular interest since it could lead to improved and more specific NHE1 inhibitors. Recently, in a clinical trial with an NHE1 inhibitor, significant side effects were shown. While administration of the NHE1 inhibitor cariporide produced a significant decrease in risk in coronary artery bypass patients, there was an increase in the overall rate of cerebrovascular events in the treated group [65]. Whether this was due to lack of specificity of the NHE1 inhibitor is not known, and further investigation in this area seems warranted.

Regulation of the  $\text{Na}^+/\text{H}^+$  exchanger has also been the subject of a large number of studies.  $\text{Na}^+/\text{H}^+$  exchanger is mainly quiescent until activated by decreases in intracellular pH. Decreasing intracellular pH causes a rapid activation with a Hill coefficient of approximately 3, indicative of a proton modifier site that is suggested to aid in rapid activation of the protein [48]. The activity of the membrane domain is regulated through the large cytosolic domain. The factors that affect the activation of the protein by intracellular pH include phosphorylation of the cytosolic domain and interaction of the cytosolic

domain with other regulatory molecules. Phosphorylation in the distal region of the tail amino acids 700–815 (Fig. 2) shifts the activation of the protein such that it is more active at more alkaline intracellular pHs [66]. A number of protein kinases are implicated depending on the tissue. In the myocardium, ERK1/2 and p90<sup>rsk</sup> (p90ribosomalS6kinase) may be important [67,68]. Both acidosis and myocardial ischemia have been shown to activate these regulatory pathways [69–71]. A number of other proteins interact with the cytosolic domain and also modify NHE1 activity. The best known of these is calmodulin. Calmodulin binds to a high affinity site located at amino acids 636–656 and regulates NHE1 activity by blocking this auto-inhibitory region [72,73]. What happens to calmodulin binding and this autoregulatory region in pathological conditions including calcium overload is not known. Another calcium binding regulator protein is CHP (calcineurin homologous protein). It binds to amino acids 515–530, promotes NHE1 activity and is thought to be an essential cofactor for activity [74]. Whether its role in NHE1 regulation changes in cardiac disease is not known, and it has not been studied in the myocardium. Other regulatory factors that bind to NHE1 are carbonic anhydrase II, PIP2 and heat shock protein 70; however, their role in the myocardium has not been well studied [75–77].

#### 4. NHE1 expression in the myocardium

The type 1 isoform of the Na<sup>+</sup>/H<sup>+</sup> exchanger has long been known to be induced by acidosis in a number of tissues. Early studies examined NHE1 expression in the kidney. It was shown that treatment of renal cell lines with acidosis increased NHE1 mRNA, activity and protein levels [78,79]. Chronic acidosis of treated animals also showed that NHE1 expression was elevated in the kidney [80]. Similar results were shown in some but not all cell types examined under conditions of metabolic acidosis [81,82]. However, it was not until later that regulation of expression in myocardial tissues was examined. Isolated cardiomyocytes subjected to chronic external acidosis, were shown to have elevated NHE1 activity and treatment of isolated perfused hearts with ischemia elevated NHE1 mRNA levels [83,84]. Coronary artery ligation in rats also caused elevation of NHE1 mRNA levels; thus clearly, acidosis and various types of cardiovascular stress can elevate NHE1 mRNA levels in the heart [85].

A number of studies have shown that NHE1 is involved in mediating heart hypertrophy and blockage of NHE1 activity can prevent hypertrophy [86–91]. Different evidence supports the causal relationship between hypertrophic factors and NHE1. For example, NHE1 is activated by MAP kinases and protein kinase C-dependent pathways, which are important in hypertrophic and remodeling processes [71,92]. In addition, the effect of the hypertrophic agonists such as norepinephrine and aldosterone can be blocked by NHE1 inhibition as can stretch induced hypertrophy [91–93].

How NHE1 inhibition prevents myocardial hypertrophy is under investigation. Enhanced activity of NHE1 is not accompanied by intracellular alkalosis in the spontaneously hypertensive rat and in medium containing bicarbonate, angiotension

and endothelin-1 agonists of NHE1, do not increase intracellular pH [94,95]. Thus, NHE1 inhibition may not act through prevention of elevation of intracellular pH. Prevention of increases in intracellular Na<sup>+</sup> is a good candidate for a mechanism by which NHE1 inhibition prevents hypertrophy [95]. This could act through elevation of reverse mode of Na<sup>+</sup>/Ca<sup>2+</sup> exchanger activity through the increased intracellular Na<sup>+</sup>. A role for this pathway has been implicated in hypertrophy induced by endothelin-1 and blocked by NHE1 inhibition [96]. However, Na<sup>+</sup>/Ca<sup>2+</sup> knockout mice still demonstrate hypertrophy in a model of aortic constriction suggesting that the Na<sup>+</sup>/Ca<sup>2+</sup> is not critical in all models of hypertrophy that are treatable with NHE1 inhibitors [97]. Elevation of intracellular Na<sup>+</sup> could act through activation of intracellular signaling pathways such as protein kinase C and elevated intracellular Na<sup>+</sup> may also increase reactive oxygen species that activate ERK1/2-dependent phosphorylation pathways [98,99]. In this regard, NHE1 inhibition has been demonstrated to prevent detrimental phenylephrine induced effects on mitochondria including prevention of mitochondrial permeability transition pore opening, loss of mitochondrial membrane potential, activation of p38 map kinases and ERK1/2 and reduction of mitochondria derived reactive oxygen species [100]. Calcineurin is a pro-hypertrophic protein phosphatase and one report has also shown that the NHE1 inhibitor cariporide, decreased calcineurin levels [101].

While it is clear that NHE plays an important role in myocardial hypertrophy, an interesting and likely complicating component of this is that NHE1 expression is increased in myocardial hypertrophy. For example, elevated NHE1 mRNA and protein levels have been demonstrated for  $\beta_1$ -adrenergic receptor transgenic mice that develop hypertrophy, for NHE1 mRNA in monocrotaline-induced ventricular hypertrophy, for NHE1 mRNA in diabetes induced vascular hypertrophy and for NHE1 mRNA and protein in aldosterone induced hypertrophy [87,91,102,103]. The mechanism by which these increases occur is not known and the role of elevated NHE1 levels in mediating hypertrophy has yet to be investigated.

It is well known that in cardiac hypertrophy induced by pressure overload there is a switch in cardiac gene expression towards a more fetal program of gene expression [104,105]. NHE1 expression in the myocardium is also regulated such that activity of the promoter is high during early embryonic development and the NHE1 protein is at relatively high levels in the neonate and declines with age [106–109]. It may be that, similar to effects on the myosin heavy chain, the switch to the fetal type of gene expression during hypertrophy causes the activity of the NHE1 promoter to be increased by a similar mechanism. Since greater levels of the NHE1 protein may predispose the myocardium to even more hypertrophy, future studies might examine how the elevation of NHE1 levels is important in heart disease [9,86–91].

#### 5. The NHE1 gene

The NHE1 gene has been cloned and characterized from several species. This includes the human, rabbit, porcine and

mouse forms of the promoter [110–113]. Analysis of the human gene showed that it contains 12 exons and 11 introns (Fig. 3A). The mouse NHE1 promoter has a similar design [114]. The first exon is separated from the second exon by a very large (41.5 kb) intron while the other introns are much smaller and vary in length from 4.2 to 0.37 kb [110]. Several studies examined the transcription factors involved in regulation of the gene, mostly in tissues outside the myocardium. Briefly described, the transcription factor AP-1 has been shown to be important in expression in renal proximal cells while the C/EBP family of transcription factors was suggested to be an important regulator in NIH 3T3 cells (fibroblasts), in vascular smooth muscle A7r5 cells and in hepatic (HepG2) cells [115–117]. Both are in relatively proximal regions of the gene, near the transcriptional start site. Analysis of the activity of the rabbit promoter demonstrated that a negative regulatory element exists further upstream of the 1.1-kb proximal region, that has been more typically studied [111]. Both the porcine and the rabbit NHE1 promoter are homologous to the human and mouse promoters particularly in the proximal 500 bp of the 5'-flanking region. Several consensus elements for the transcription factors AP-1, C/EBP and Sp1 are conserved between pig and human while AP3 and PEA3 are only found in the porcine promoter [112]. In the mouse NHE1 promoter, a proximal AP-2 binding site is important in expression in fibroblasts and in P19 embryonal carcinoma cells [83,113]. Differentiation of P19 cells or L6 muscle cells causes up to a 10-fold induction in the NHE1 promoter that is dependent on the proximal AP-2 site [118,119]. Several other regions of the NHE1 promoter are important in a variety of cells. A conserved poly (dA:dT) region of the NHE1 promoter is located at bp –155 to –169 of the mouse gene and is important in L6 and NIH 3T3 cells [120]. Chicken ovalbumin upstream promoter transcription factor (COUP-TF) types I and II is a somewhat more distal (–841 to –800 bp) factor important in expression [121]. In this same region, the thyroid hormone receptor TR $\alpha_1$  is also implicated in regulation of the promoter [122].

Studies directly examining expression of the NHE1 promoter in the myocardium have been limited in number. Regions demonstrated to be important in NHE1 promoter activity in the myocardium are indicated in Fig. 3B. Using isolated cardiomyocytes, we examined a 1.1-kb region of the mouse promoter. Serum stimulated activity of the promoter in cardiomyocytes and with deletion of the AP-2 site (bp –95 to –111), there was a 4-fold decrease in NHE1 promoter activity compared with the intact gene [123]. Mutation of the AP-2 site, combined with deletion of distal regions of the promoter, almost totally eliminated promoter activity in cardiomyocytes. Another region, a poly(dA:dT) rich region (–155 to –169), is protected by heart nuclear extracts in DNase I footprinting analysis as is the COUP-TF element in the –841 to –800 region [124]. Thyroid hormone is also suggested to regulate the NHE1 gene in the myocardium. Protein binding in the COUP-TF region is increased with treatment of heart cells with thyroid hormone and treatment of cardiomyocytes with thyroid hormone increases NHE1 protein expression [122]. Further

studies are necessary to learn what other regions are important in regulation of expression in the myocardium particularly in disease states.

It is of interest and relevant to the myocardium that recent studies have shown that the NHE1 promoter is responsive to reactive oxygen species (ROS). ROS have been shown to be critical mediators of growth-promoting signaling events involved in the hypertrophic pathways in muscle cells [125,126]. The role of ROS in ET-1-induced cardiac hypertrophy has been further confirmed by studies showing that ET-1-mediated generation of ROS in cardiac hypertrophy can be inhibited by pretreatment with an antioxidant [126–128]. With regard to the NHE1 promoter, it was shown that increasing serum from 0.5 to 10% induces NHE1 promoter activity in NIH3T3 fibroblasts. This increase correlated with O<sub>2</sub> superoxide production and both O<sub>2</sub> superoxide production and NHE1 promoter activity could be blocked by the oxidase inhibitor diphenyliodonium [129]. The effect of O<sub>2</sub> superoxide on gene expression was further supported by the ability of tiron, a specific O<sub>2</sub> superoxide scavenger to revert increases in NHE1 promoter activity and protein levels [129]. These results suggested that the NHE1 gene and protein expressions are targeted by O<sub>2</sub> superoxide. The same phenomenon that occurred in human glioma cells were diphenyliodonium was also shown to reduce NHE1 protein expression [129,130]. Since NHE1 levels have been shown to be elevated in the myocardium following ischemic heart disease, it may be that the mechanism of elevated NHE1 expression is through the effects of O<sub>2</sub> superoxide on the NHE1 promoter. Future experiments may examine this phenomenon.

## 6. Conclusions

Our understanding of the Na<sup>+</sup>/H<sup>+</sup> exchanger protein has progressed greatly since the initial cloning of the cDNA for the human NHE1 isoform. We now have important information on some of the amino acids involved in transport and the beginnings of an understanding of the protein's structure. It is clear that the NHE1 isoform plays an important role in the myocardium in heart disease. Though great success was found in animal studies on the use of NHE1 inhibitors to treat ischemia reperfusion damage, these have not yet been translated to the bedside. A better understanding of how the protein functions and how inhibition of activity of the protein occurs could lead to improved NHE1 inhibition in the clinical setting. Why the NHE1 protein message and activity is upregulated in some forms of heart disease may also lead to a better understanding of how the protein influences myocardial hypertrophy. Great progress has been made, but many areas remain to yet be elucidated.

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